



Amanda Glenn M.A.,
Certified Labor & Postpartum Doula (CAPP)
Lactation Educator & Child Behavioral Consultant



Amanda Glenn is a faculty postpartum doula trainer for CAPP, one of two leading international birth professional associations. She also serves on the board of the Colorado Doulas Association's mentoring committee and the community advisory board for Family Star Montessori. Amanda completed her Masters Degree in Educational Psychology from the University of Colorado, Denver with a special emphasis in Early Childhood Education and Adult Learning in 2004.

In 2006, Amanda founded House of Doula, a growing network of highly qualified service providers who work with expecting, postpartum, and growing families. Amanda provides labor and postpartum doula services, lactation education and support, parenting classes and behavior and developmental consultations for children age birth through 3 years. At Belly Bliss Amanda teaches "Transition into Toddlerhood" and "Sibling Preparation" classes. In addition to traditional labor doula services, Amanda also provides sibling support for families who wish to have their older children involved in the birth of their younger siblings.

Professional Philosophy

"The journey into parenthood is one of powerful growth and bonding. I honor and support each family's individual birth & parenting goals by providing compassionate support, active listening, and educational resources which empower families and relieve stress during childbirth and the postpartum period."

Why I do this Work

I love working with new and growing families. I utilize my M.A. degree in Educational Psychology, combining knowledge of both adult learning styles and infant development into my approach as a doula. I bring this understanding into the home as a postpartum doula and into births as a labor doula, enabling me to actively engage and support parents during this profound transition in their lives. My first birth experience at the age of 10, witnessing the birth of my little brother, shaped my belief in birthing women as beautiful and powerful as well as my understanding of the unique challenges that a family can face during birth and the postpartum period.



Education & Training

- ❏ Igniting Mother-Friendly Care in Your Community, RMCHB, September, 2008.
- ❏ Advanced Practice Birth Support, Cocoon Enterprises, May, 2008.
- ❏ CAPP Accredited Postpartum Doula Training & Certification (CPD) January, 2007.
- ❏ CAPP Accredited Labor Doula Training & Certification (CLD) May, 2006.
- ❏ CAPP Accredited Lactation Educator Training, Mother's Journey. (LE) February, 2006.
- ❏ M.A., Educational Psychology, CU Denver. May 2005.